Glowing Comments about *Possibility Press* Books by Leaders from Various Fields...

"...I've worked with a large number of front-line employees, middle-managers, CEOs, and board members who would benefit greatly from the proven methods and skills shared in Tony Sciré's *The Power of 2....*" —*AchieveMax*® *Top Ten Book Review*

"*The Power of 2* by motivational speaker Tony Sciré...positive, energetic...unflagging...advice." —*Publishers Weekly*

"The Power of 2... is a solid, 'reader friendly' guide to building productive, mutually beneficial relationships in business and life...a thoroughly practical... inspired resource especially suited to the paradoxically globalized yet socially isolated world of today."

—The Midwest Book Review

"You may have read many books on salesmanship, but you will never read one with more practical down-to-earth advice and 'howto' than *Congratulations! You're a Millionaire!* In fact, the publisher, Possibility Press, has specialized in 'how-to' books from *No Excuse!* to *Get a Grip on Your Dream, Soar to the Top, Reject Me—I Love It!*, and many others." —Cabell Brand, Co-Founder, Former Chairman, and Hall of Fame

Founder, Former Chairman, and Hall of Fame Member of the Direct Selling Association

"Jay has given us a real gift. Anyone who reads and applies the *No Excuse!* philosophy daily can create the life they want and make a difference!" —Jack Canfield,

Bestselling Co-Author of *Chicken Soup for the Soul* Series and Author of *The Success Principles*

"Bruce Garrabrandt is right! A passion, sincerity of purpose, good old-fashioned hard work, and the ability to survive disappointments are the true genesis of creativity and accomplishment. *The Power of Having Desire* reveals an important truth: You are the ultimate architect of your own destiny." —Dr. Laura Schlessinger, Internationally Syndicated Radio Host and Bestselling Author "Anthony 'Spark Plug' Thomas certainly has an appropriate name because he knows how to stimulate action in one's life. Not only does he THINK BIG, but I think through *Grow Through It and Lead* he'll inspire many others to do the same. It's rare for a young man to have so much wisdom and be able to impart it to others."

> —Benjamin S. Carson, Sr., MD, Bestselling Author of *Think Big* and *Gifted Hands*, Director of Pediatric Neurosurgery, Prof. of Neurosurgery, Johns Hopkins

"Full Speed Ahead is a straightforward, engaging, down-to-earth book for those desiring improvement in the quality and direction of their lives." —Anthony Robbins,

Bestselling Author, Motivational Speaker, and Leadership Coach

"Asking is the pathway to greatness and all good. Read *Just Ask!* and start asking wisely with love." —Mark Victor Hansen, Bestselling Co-Author of *Chicken Soup for the Soul* Series and Author of *The One Minute Millionaire*

"If life gives you a lemon, make lemonade, is an old saying. John Fuhrman wrote the book on it, *Reject Me—I Love It!* Use rejection as a stepping stone to success." —Cavett Robert, Founder National Speakers Association

Founder, National Speakers Association

"In *Naked People Won't Help You* Steve Ozer offers a practical, step-by-step process for conquering the fear of public speaking that will help even the most timid become strong, confident speakers."

—Donna H. Groh, Former Executive Director, Toastmasters International

"It's Time to Move On! by Ralph Bruksos is a must read for confronting change in business or life." —H. James Fitzgerald, President, Weyerhaeuser Asia (Ret.)

"No Excuse! is a terrific book. I was very impressed.... It will help anyone who reads it. I strongly recommend it." —Pat Williams, Senior VP, The Orlando Magic, Author, Speaker, and Radio Host

"Enthusiasm is contagious and *Yes!* is worth catching."

—Annette Sykora, Past Chair, Nat'l Auto Dealers Assn. & Owner of Several Dealerships "Many CEOs in our club...claim a mentor is the single biggest help in running a growing business. *The Millionaire Mentor* shows us how." —Joe Mancuso, CEO, CEOs Club, Inc.

"As I learned at West Point, there's no excuse not to excel in life. In the tradition of Earl Nightingale's *The Strangest Secret, The Parable of the Homemade Millionaire* cuts to the core of how to rise above where you are." —Jay Rifenbary, Specker and Pastalling Author of Na Energy

Speaker and Bestselling Author of *No Excuse!*

"The Millionaire Mentor is a parable that delivers, with real-world examples anyone can relate to. A must read for all leaders, managers, coaches, colleagues, and others who work with those they care to help excel." —Peter Chiaramonte, PhD "Coach to the World's Olympic Coaches"

"Congratulations Tony! Your *Power of 2* philosophy is dynamite. Every page has information and sizzle. Your book is a must read and share." —Charlie "Tremendous" Jones, CPAE, Speaker and Bestselling Author of *Life Is Tremendous*

"What Choice Do I Have? compels you to take action. Michael Kerrigan's excellent book encourages you to regain control of your life that you have let go—by teaching you how to make better choices." —John Fuhrman, Speaker,

Consultant, and Bestselling Author of *Reject Me—I Love It!*

"Say Yes to *Yes!* John Fuhrman's lessons and philosophies apply to an individual's pursuit of a more fulfilling life as adeptly as they do toward the pursuit of sales and marketing excellence. This is truly an inspirational read for all." Stan Starnes, President, Service Contract Sales Division, Dent Zone Companies

"Well done...*No Excuse!* is a tough but caring view of the mission of our lives...read it and use the principles. I recommend it wholeheartedly." —Larry Wilson, CPAE,

Co-Author of The One Minute Salesperson and Play to Win

"No Excuse! has the key to personal power, motivation, and excellence...Everyone needs to read it." —**Brian Tracy, Bestselling Author**

The Tremendous "People" You'll Meet in How Can I Get *Beyond* This?

ou'll be the same in five years as you are today, except for the books you read and the people you meet. Here's a must-read where you'll meet some people who can either make you or break you.

Packed with indispensable wisdom, this timeless treasure can help you achieve whatever goals you've set, or would like to. In one of the most profoundly inspired stories I've ever read, you'll learn how simple it is to align yourself with a tremendous team of people who can empower you to get beyond your circumstances.

Thankfully, the authors also make you aware of a cunning gang of characters whose main objective is to drag you down and deter you from your objectives—causing so much pain, heartache, goals unrealized, and dreams unfulfilled—and how to render them harmless!

All the tremendously successful people I know, among them Ken Blanchard, Jack Canfield, Stephen Covey, Mark Victor Hansen, Spencer Johnson, John Maxwell, Robert Schuller, Brian Tracy, Bruce Wilkinson, and many other high achievers live by the tremendous truths and principles revealed to you in *How Can I Get Beyond This?*

Take this amazing journey and you'll also discover the secrets of the seven golden keys. Use them appropriately and they'll help you overcome obstacles and unlock your potential for tremendous success at work and in life, while empowering others to do the same.

Tremendously,

Charlie "Tremendous" Jones

A Simple Way to Overcome Obstacles and Unlock Your Potential at Work and in Life

How Can I Get Beyond This?

The Last Foreword by Charlie "Tremendous" Jones

Tony Sciré and Tony Sciré, Jr.

A **Possibility Press** Book

Dedication and Acknowledgment

This book is dedicated to you, the reader, and also to our dear friend and mentor, the late, great Charlie "Tremendous" Jones.

He enthusiastically encouraged and empowered millions, including us, to overcome obstacles and unlock their potential at work and in life.

We always loved his expression, "Nothing works!" which he said with great vigor, as he did everything, so we included it in the book.

We are eternally grateful for his contributions to helping others "get beyond" and, also, as ill as he was, that he thought enough of the book's message to contribute the Foreword, his last.

Rest in peace, Charlie; we love you.

Copyright © 2010 by Anthony C. Sciré, and Michael A. and Marjorie L. Markowski ISBN: 978-0-938716-68-6

All rights reserved, including the right to reproduce this book or portions thereof in any form or by any means, electronic or mechanical, including photocopying, recording, or by information storage retrieval system without written permission from the publisher, except for the inclusion of brief quotations in a review. All rights are also reserved for translation into foreign languages. The names and companies used in this story are fictional and any similarity to a real person or company is purely coincidental. No liability is assumed with respect to use of the information herein.

> Published by **Possibility Press** www.possibilitypress.com

Manufactured in the United States of America

Contents

Introduction—What Do You Want to	
Get Beyond?	8
"Who's" Living Inside Us All?	12
How Did the Story Come to Be?	13
Now Here's the Story	17
Another Restless Night Will-to-Win The Attitude Complex You're a Good Person The To-Win Team The Conditioned-to-Fail Gang Not-Me Can't-Do It-Won't-Work I'm-Not-Lucky Coming Out of a Warped Comfort Zone You Are Built-to-Win Suddenly, I'm Wide Awake—Raring to Go	
Applying <i>How Can I Get Beyond This?</i> at Work and in Life	81
	93
You Are Now Empowered	73
About the Authors and Publishers	96

What Do You Want to Get Beyond?

Dear Reader,

Inspired by Spencer Johnson's brilliant bestseller, *Who Moved My Cheese?*, we're excited that *How Can I Get Beyond This?* is finally in your hands. As it enlightens and encourages you, be sure to share it with family, friends, co-workers, and others who could also benefit.

Today, there's a silent but unsettling battle going on in many of our minds, hindering us from overcoming our obstacles and unlocking our potential.

Have you noticed the increasing pressure to keep up with everything—the growing need to be more productive in our homes, schools, colleges, jobs, businesses, and communities? It's a situation that's affecting a broad spectrum of age and socioeconomic levels.

Many people are addicted to talking and texting on cell phones, and tied to the Internet to communicate and get things done. Most are in a hurry, multi-tasking, struggling to cram more into the same 24 hours.

Streets and highways are more crowded than ever. Airports are jammed with harried travelers dealing with security and extra airline charges, while flights are often delayed or cancelled. Financial obligations, heavy debts, and foreclosures threaten our peace of mind and well-being, and many have to continue working into old age simply because they can't afford to retire. College and medical expenses are increasing, while many people are caring for aging parents as well as their own kids.

We hope we're never called into the boss's office for a reprimand or other bad news. Many fear missing deadlines, being downsized, their department being eliminated, or the implications of a merger, acquisition, restructuring, relocation, or closing.

Have you ever started the day dreading going to work—believing there's little or no hope for advancement, or that life's a grind and could be better?

Smile...your challenges are your opportunities!

We believe *How Can I Get Beyond This?* offers a simple yet powerful approach for dealing with fears and unwanted challenges, while showing us how to gain more control over our lives. It identifies and personifies the forces that negatively affect our attitude, causing us to do poorly or fail, as well as those that can help us be happier and more successful.

Would you like to have more energy and enthusiasm? Better relationships? Increased income? Advance more quickly professionally? Be healthier? If so, it's high time to take a look at what's going on inside your head.

That's where it all begins...

You probably know that it's important to eliminate negative thinking in order to excel. But how can you do that when there's so much of it today coming from others, as well as from the media, informing us of all the awful things happening in the world? How can you keep it all in perspective and still live a good life?

You may have read self-help, spiritual, personal development, career, business, or other books, listened to audios, and attended seminars or conventions, but you still might not be as far along as you'd like.

So why should you believe this little book is going to make a difference?

Could it be worth an hour or so to find out? An hour or so of not watching TV or surfing the Internet? An hour or so to help you be more of what you want to be, do more of what you want to do, have more of what you want to have, and get to where you want to go sooner rather than later?

How Can I Get Beyond This? is meant to raise your awareness of what enables some to excel, while most don't. It's to strengthen your walk along the road of success, which isn't always easy to follow or even find. As all high achievers know, there's no exit for easy street nor is there an elevator to the top.

We *can* move forward and improve our lives when we believe in ourselves even just a little, we've had enough of the naysayers and the status quo, or we're struggling with disappointment or change.

No one gets beyond an obstacle, challenge, or circumstance on the same level of thinking as when it came into his or her life. We move forward by first growing inside our mind and heart, gaining a new perspective on where we are, why, and what to do about it. Then we need to go do it! Whether we realize it or not, we're a vital part of our obstacles, challenges, and circumstances. If we don't take responsibility for our role in them and blame someone or something else, we give away our power and become a self-made victim. But when we perceive them differently they *serve* us by being a catalyst, spurring us to grow and change. This gives us the insight and opportunity to rise above them.

We believe *How Can I Get Beyond This?* will help you understand and deal with what's going on inside your head as you go through the day—subjected to negativity and undesirable circumstances. By the time you finish the book, you'll know you're capable of making a breakthrough and be equipped to do so.

Could it hold the answers to a new tomorrow? Could it be the right book, at the right time, for the right reasons—for you, those you care about, and others you share it with? Has it come into your life when you could really use some help? Could this be a call to action? Could it help you make a quantum leap?

If you've ever had even a passing thought of living a better life, you're on the right track. Enjoy the book, apply its principles, and get beyond whatever "This" is for you—*so you can live your best life*.

Onward and Upward, A and Maijies Publishers

PS: Be sure to thank whoever thought enough of you to recommend or share this book. Do the same for others *you* know who have circumstances they want to get beyond.

Who's Living Inside Us All? Positive and Negative "People"

This story is about a man with challenges similar to what many of us face, making it difficult for him to get a good night's sleep. One fateful night he has a dream and meets eight people who live inside us all. Discovering how they affect our happiness and success at work and in life—whatever our sex, age, education, race, ethnicity, or socioeconomic position may be—he renews his winning ways.

The Positive people, the *To-Win Team—Will-to-Win, Desire-to-Win, Engineered-to-Win,* and *Created-to-Win*—represent the forces that enable us to succeed and live our best life.

The Negative people, the *Conditioned-to-Fail Gang—Can't-Do, Not-Me, It-Won't-Work*, and *I'm-Not-Lucky*—represent the forces that thwart our potential, causing us to live a less-than-desired life.

We Were Built to Win But Who Are We Listening to?

If we listen to the *Gang* we won't accomplish our goals, and we're headed for disappointment and unhappiness. Buying into their negativity dooms us to a life of boredom and frustration, which can lead to depression and despair.

But when we listen to the *Team* we can accomplish greater things and become happier and more successful. Then, when we discover the seven golden keys revealed in the story and start using them, we can overcome obstacles, unlock our potential, and live the best life possible for us.

How Did the Story Come to Be?

few years ago, as my job often required, I was on my way to Europe. But this time I had the assignment of firing a company executive. The hardest part was that we had become friends, and the thought of giving him notice really disturbed me.

I began wondering if there was any way I could help him. Then suddenly, ideas began flooding my mind. Inspired, by the time we landed I had roughed out the basics of the story.

Entering the man's building, I exchanged pleasantries with the receptionist, but she sensed I was there on serious business. Soon his assistant appeared, escorting me to the man's office.

Once we got caught up personally, I had to admit I was sent there to let him go. But I told him not to worry as I thought I could help him with the story; so I began sharing it.

He identified with it and was so moved that he promised to do everything possible to turn things around. Asking me for a month, his sincerity made it easy for me to say yes.



Getting Beyond Your Circumstances Is Vital for Living Your Best Life. The outcome was amazing. My boss apologized to both of us, asked my friend to stay, and wanted to know how he had created such a dramatic turnaround. So I shared the essence of the story you are about to read.

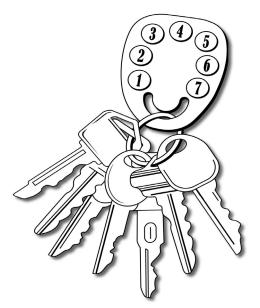
It'll show you how to get beyond any circumstances you may be in by overcoming obstacles and rising above your challenges, using them as opportunities. You'll also learn the secrets of the seven golden keys that will enable you to unlock your highest potential.

During my career, I observed that successful people embrace challenges and new ideas as opportunities, using them to grow and create better lives for themselves and their families. They're often leaders and future leaders, not only in business but also in their communities and personal lives.

Hopefully, you're one of those people. But even if you're not, you can become one. Once you read the book I believe you'll be better able to take advantage of life's opportunities. I wish you the best as you discover the ways in which *How Can I Get Beyond This?* can work for you.

All the best,

175.00



Happiness Is Using the Seven Golden Keys to Unlock Your Highest Potential.